



Home Health & Private Duty

HOME HEALTH

- Medical/Skilled
- Intermittent Short-term
- Insurance Covered

PRIVATE DUTY

- Medical and Non-Medical
- Intermittent or Continuous up to 24-hour care
- Short-term or Long-term
- Private Pay or Long-term Care Insurance

OUR PROFESSIONALS

- Registered Nurses
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Medical Social Workers
- Registered Dieticians
- CNAs/HHAs



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Orthopedic Rehabilitation

Most of the recovery from hip or knee replacement surgery happens at home. Nightingale Homecare's Physical and Occupational Therapists are highly experienced in providing hands-on rehabilitative services in the unique and often challenging environment of the home. Under the direction of Rehabilitative Services Coordinator, Fauzia Qadir, the team is implementing evidence-based practice standards for fall prevention, orthopedic rehabilitation and other adult-focused areas of practice.



Fauzia Qadir, RPT Rehabilitative Services Coordinator

Fauzia Qadir joined Nightingale Homecare in 2011 with fifteen years of experience as a Physical Therapist, including ten years in home care and six years in management.

As Nightingale's Rehabilitative Services Coordinator, Ms Qadir is focused on assuring implementation of evidence-based practice standards for rehabilitative services as well as developing new programs and program enhancements.



Ms. Qadir received her Physical Therapy degree from New York University in 1995 and has worked in the metropolitan Phoenix area for the past ten years. She has extensive experience in rehabilitative program development as well as expertise in vestibular rehabilitation, wound care, orthopedic rehabilitation and sports medicine.

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