

Home Health & Private Duty

HOME HEALTH

- Medical/Skilled
- Intermittent Short-term
- Insurance Covered

PRIVATE DUTY

- Medical and Non-Medical
- Intermittent or Continuous up to 24-hour care
- Short-term or Long-term
- Private Pay or Long-term Care Insurance

OUR PROFESSIONALS

- Registered Nurses
- Licensed Practical Nurses
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Medical Social Workers
- Registered Dieticians
- CNAs/HHAs



TRANSITIONS

Transitions faced by the elderly can be very challenging. Health and functional declines, personal losses and surrender of the family home in favor of a less-taxing residential setting are all examples of transitions that frequently lead to anxiety and depression. Residential transitions can also increase fall risk and hasten functional decline if the environment is not evaluated and modified to meet the functional needs of the client.



Nightingale's *TRANSITIONS* Team...

- Evaluates the client's mental health status, including ability to cope with life's transitions
- Teaches stress management and coping skills
- Evaluates psychiatric medications and collaborates with the physician for changes as needed
- Links clients with mental health resources as needed
- Evaluates the client's fall history, and current risk for fall
- Evaluates home safety and creates a safety plan that works for client and caregivers
- Creates/teaches a customized exercise program for strengthening and balance if needed
- Links clients with resources for home modifications if needed
- Analyzes ADLs and stages the home with cues and assistive devices to make ADLs simpler/safer
- Evaluates sensory and cognitive status and the impact of any deficits on client function
- Evaluates the overall medication regime, identifying medications that have side effects that impact function and fall risk, collaborating with the physician for changes as needed
- Assesses the need for a personal emergency response device