



# GAITWAYS

*concierge home therapy*

## Home Health & Private Duty

### PRIVATE DUTY

- Medical and Non-Medical
- Intermittent or Continuous up to 24-hour care
- Short-term or Long-term
- Private Pay or Long-term Care Insurance

### HOME HEALTH

- Medical/Skilled
- Intermittent Short-term
- Insurance Covered

### OUR PROFESSIONALS

- Registered Nurses
- Licensed Practical Nurses
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Medical Social Workers
- Registered Dieticians
- CNAs/HHAs/LNAs/NAs

Nightingale Homecare has a unique position in the Home Health community in Arizona, providing both certified home health care and private pay home care. For a variety of reasons, some clients prefer us not to bill their insurance, and for some, their requested therapy does not fall within the realm of what insurance would cover. With Nightingale's **GAITWAYS** program, our clients are able to access unlimited therapy in order to maintain their personal program under this unique pay-for-service option.

With more than 25 years experience in combined Home Health care and Private Duty care, our therapists are highly skilled in providing Physical and Occupational Therapy for a multitude of treatments, conditions and disorders. Including the following:

- Personal Training for Strength and Endurance
- Sports Injuries
- Age-related Musculoskeletal Changes with Gait Training
- Orthopedic Rehabilitation
- Post-surgical Rehabilitation
- Alzheimer's and Dementia
- Parkinson's and Movement Disorders
- Balance Conditions
- Vestibular Rehabilitation Training (VRT)
- Head Trauma
- Spinal Cord Injuries
- Falls Assessment and Prevention
- Home Safety Evaluation
- Foot Problems and Surgery
- Neuropathic Conditions

Goals are individualized with a plan of care initiated based upon the client's requests, needs and condition. Each visit is performed by a licensed therapist who will oversee the client's progress towards goals, making the necessary adjustments to the plan, all in the comfort of the client's own home.

Our **GAITWAYS** Physical and Occupational Therapists are uniquely qualified in geriatric therapy treatment and emphasize a holistic approach to health with this new program. Our therapists can not only provide more traditional physical and occupational therapy, they have specific training in managing overall health, including coaching our patients to be their best SELF managers.



[www.ngcare.com](http://www.ngcare.com)



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